

KS1 PSHE Coverage

Theme	1W	2W	2R	KS1 HEALTH AND WELL-BEING
	Science "All about me"	Science	Topic 6	what constitutes a healthy lifestyle including the benefits of physical activity, rest, healthy eating and dental health
	Eating topic Science "All about me"		Topic 6	to recognise what they like and dislike, how to make real, informed choices that improve their physical and emotional health, to recognise that choices can have good and not so good consequences
Setting goals	Science "All about me"	science		to think about themselves, to learn from their experiences, to recognise and celebrate their strengths and set simple but challenging goals
	RE Why is Jesus Special?			about good and not so good feelings, a vocabulary to describe their feelings to others and simple strategies for managing feelings
			One-off lesson	about change and loss and the associated feelings (including moving home, losing toys, pets or friends)
	Science "All about me"	Science		the importance of and how to maintain personal hygiene
	Science "All about me"	Science		how some diseases are spread and can be controlled and the responsibilities they have for their own health and that of others
		Science		about the process of growing from young to old and how people's needs change
	ongoing	ongoing	ongoing	about growing and changing and new opportunities and responsibilities that increasing independence may bring
	Science "All about me"			the names for the main parts of the body (including external genitalia) the similarities and differences between boys and girls
		PSHE link to Science	PSHE link to Science	that household products, including medicines, can be harmful if not used properly
Road safety visits E safety	Topic: Where do and did the wheels on the bus go?		Topic 1	rules for and ways of keeping physically and emotionally safe (including road safety, safety in the environment, safety online, the responsible use of ICT, the difference between secrets and surprises and understanding not to keep adults' secrets)
				about people who look after them, their family networks, who to go to if they are worried and how to attract their attention, ways that pupils can help these people to look after them
				to recognise that they share a responsibility for keeping themselves and others safe, when to say, 'yes', 'no', 'I'll ask' and 'I'll tell'

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Theme	1W	2W	2R	RELATIONSHIPS
			Topic 5	to communicate their feelings to others, to recognise how others show feelings and how to respond
			Topic 5	to recognise how their behaviour affects other people
Anti-bullying/staying safe S1 A2				the difference between secrets and surprises and the importance of not keeping adults' secrets, only surprises
Anti-bullying/staying safe			Topic 5	to recognise what is fair and unfair, kind and unkind, what is right and wrong
	Topic: Where do and did the wheels on the bus go?			to share their opinions on things that matter to them and explain their views through discussions with one other person and the whole class
Setting goals				to listen to other people and play and work cooperatively (including strategies to resolve simple arguments through negotiation)
	ongoing	ongoing	ongoing	to offer constructive support and feedback to others
Respect (Spring)	Science all about me			to identify and respect the differences and similarities between people
Belonging (Autumn)	Science all about me RE Why was Jesus special?		Topic 5	to identify their special people (family, friends, carers), what makes them special and how special people should care for one another
Staying Safe and managing risk (Autumn)				to judge what kind of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond (including who to tell and how to tell them)
Staying Safe and managing risk (Autumn)				that people's bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable)
Staying Safe and managing risk (Autumn)				to recognise when people are being unkind either to them or others, how to respond, who to tell and what to say
Staying Safe and managing risk (Autumn)			Topic 5	that there are different types of teasing and bullying, that these are wrong and unacceptable
Staying Safe and managing risk (Autumn)			Topic 5	how to resist teasing or bullying, if they experience or witness it, whom to go to and how to get help

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Theme	1W	2W	2R	KS1 LIVING IN THE WIDER WORLD
Settling in, belonging (Autumn)				how to contribute to the life of the classroom
Settling in, belonging (Autumn)				to help construct, and agree to follow, group and class rules and to understand how these rules help them
A2 Staying Safe and managing risk (Autumn)		Science		That people and other living things have needs and that they have responsibilities to meet them (including being able to take turns, share and understand the need to return things that have been borrowed)
Staying Safe and managing risk (Autumn)	RE Why was Jesus special?			that they belong to various groups and communities such as family and school
	Why don't meerkats live in the North Pole?	St Pauls Birds and hedgehogs		what improves and harms their local, natural and built environments and about some of the ways people look after them
Money (Spring)	Maths			that money comes from different sources and can be used for different purposes, including the concepts of spending and saving
Money (Spring)	Maths			about the role money plays in their lives including how to manage their money, keep it safe, choices about spending money and what influences those choices