

# **St. Paul's C of E Primary School**

Documentation Information and Control

## **School Food Policy**

*Current Status:* Reviewed July 2016

*Review date:* Triennially

*Persons responsible for review:* The Governing Body in consultation with the Head Teacher

*Reference to other documents:* Food in Schools toolkit 2005

# St. Paul's C of E Primary School

## School Food Policy

### 1. Rationale

1.1 Recognising its historic foundation, St Paul's Church of England Primary School, Newcastle upon Tyne, exists

(1) to glorify Almighty God, and

(2) to serve the community by providing, within the context of biblical belief and practice, an excellent education.

1.2 We shall enable every child to develop as a well rounded individual with the necessary skills, knowledge and understanding to have a healthy lifestyle which will reduce health problems and improve their capacity to concentrate and learn. We shall work as a whole school community to develop a shared understanding of healthy eating.

### 2. Purpose

We shall:

(1) promote healthier eating and healthier food and drink choices;

(2) provide access to healthy, nutritious food and drink;

(3) deliver clear and consistent messages about food, nutrition and healthy eating;

(4) offer a curriculum that provides opportunities to learn about diet, nutrition, food safety and hygiene, food preparation and cooking , as well as the origins of the food we eat;

(5) restrict the availability and promotion of unhealthy food and drink; and

(6) ensure that food provision in school reflects the ethical, cultural and medical needs of staff and pupils.

### **3. Guidelines**

- 3.1 The Food in School working group shall include the PHSE subject leader, the parent support worker, the school cook, a parent representative, a representative of the governing body and pupil representatives. The working group shall meet annually in the summer term to monitor the provision and promotion of healthy food options in school, to suggest priorities to be included in the School Development Plan and to inform school self evaluation.
- 3.2 The PHSE scheme of work shall ensure progression and coverage of teaching about healthy food throughout the school and messages about healthy food shall be consistent across all curriculum subjects.
- 3.3 We shall hold a Healthy Eating week each year in the Spring Term which involves all members of the school community working together with external agencies to reinforce high nutritional standards.
- 3.4 We shall be part of the Fruit for School scheme which provides free fruit daily for children in the Early Years Foundation Stage and Key Stage 1.
- 3.5 We shall ensure that healthy nutritional food is provided at the Breakfast Club.
- 3.6 We shall monitor school lunches for the provision of healthy options and high nutritional standards and work with the school meals provider to ensure that high standards are maintained.
- 3.7 Water bottles shall be provided by the school for every pupil enabling them to have access to drinking water throughout the day.

### **4. Review**

The governors shall review this policy every three years.